

# *Sloop Menu*

**SANDWICHES** made to order with locally baked, organic, artisan

white or granary bread served with salad garnish

Mature Farmhouse Cheddar Cheese

and Red Onion ~ £5.95

Home cooked Westcountry Ham with wholegrain Mustard Mayo ~ £6.95

Hand Picked St. Ives Bay Crab Sandwich with Lemon Mayo & fresh leaves ~ £10.95

Sloop Club ~ Chicken Breast, Smoked Back Bacon, Seasonal Salad,

Mayonnaise & a handful of fries ~ £9.95

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## **FRESHLY BAKED BAGUETTES**

served with a handful of Fries and Salad Garnish

Crispy Bacon with Brie and Mushroom ~ £8.95

Atlantic Prawns in Marie Rose

Sauce with shredded seasonal Leaves ~ £9.95

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## **STARTERS & LIGHT BITES**

Cornish Crab Spring Rolls – £7.95

Chef's Homemade Soup of the Day served with crusty Bread & Butter ~ £6.95

Cornish Goats Cheese Bruschetta topped with caramelized Onions

& dressed with green leaves & Pomegranate~ £6.95

Sloop Smokies ~ Arbroath Smoked Haddock in a Mornay sauce topped

with Parmesan shavings, served with soldiers ~ £6.95

Locally Caught & Smoked Mackerel Pate served with

Pickled Cucumber & Chargrilled Toast £6.95

Moules Mariniere fresh Cornish Mussels in Garlic, cream and White Wine served with crusty bread and butter ~ £7.95

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**OUR STEAKS** ~ served with Fries, Mushroom, Tomato, Onion rings and a salad garnish

8oz Fillet Steak ~ £17.95

8oz Sirloin Steak ~ £15.95

10oz Rib Eye Steak ~ £16.95

8oz Rump Steak ~ £12.95

16oz T-Bone Steak – £24.95

WHY NOT ADD 1/1 A CORNISH LOBSTER FOR THE ULTIMATE SURF & TURF extra  
£19.95

Buy any two get a FREE bottle of Red, White or Rose Wine worth £12.95

Peppercorn Sauce or Blue Cheese Sauce ~ £2.50 each

Our Famous Homemade Burger half a pound of the finest local lean Beef

in a Brioche bun with Homemade coleslaw, fresh Leaves and Fries ~ £1.95

**Toppings £1.50 each**

Old smokey Cornish cheddar – Cornish Brie – Bacon – Fried Egg

Steak, Ale and Mushroom Pie ~ Chunks of Steak in Ale with Mushrooms in a rich ale  
gravy served

with a puff pastry lid & garden peas with fries or new potatoes ~ 10.95

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## **VEGETARIAN**

Mac & Cheese – Westcountry Cheddar & Parmesan with Tomatoes in Macaroni

with a hint of Thyme, Nutmeg & Worcester Sauce ~ £7.95

Vegetarian Fish & Chips – Marinated holloumi in crispy batter served with mushy peas,  
tartare sauce and fries

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## **SEAFOOD & SHELLFISH ~ LOCALLY SOURCED FRESH FISH**

Line caught St. Ives Bay Mackerel seasoned and simply grilled served with fries and seasonal salad ~ £10.50

Homemade Newlyn Cod, smoked Haddock and Smokey Bacon Fishcakes served with garlic mayonnaise, fries and salad garnish ~ £9.95

Fillet of Cornish Cod in our chef's own crispy ale batter and served with fries, homemade Tartare sauce and 'mushy' peas ~ £10.95

Our very special Fish Pie Prime local Whitefish and Tiger Prawns bound in a Cream and White Wine Sauce topped with mashed Cornish Potatoes seasoned with Spring Onion and Chilli ~ £10.75

Green Thai Seafood Curry with Cornish Whitefish, Mussels, Local Sole & Prawns served on a bed of Saffron Rice ~ £13.95

Catch of the Day ~ Fillet of fresh Fish simply grilled served with new Potatoes & a salad garnish ~ £11.95

Moules Mariniere fresh Cornish Mussels in Garlic, cream and White Wine served with crusty bread and butter ~ £11.95

Cornish Crab, Mussels and Atlantic Prawns in a cream, garlic and white wine sauce on a bed of tagliatelle ~ £13.95

Homemade Wholetail Scampi served with twice cooked Chips, our own Tartare sauce & garden Peas ~ £11.95

Cornish Seafood Paella – Fowey Mussels, King Prawns, Local Monkfish & Chorizo ~ £13.95

Cornish Lobster Thai Red Curry – served with Asparagus Spears & Jasmine Rice ~ £15.95

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## **SEAFOOD PLATTER FOR TWO**

Half a prime Cornish Lobster, St Ives Bay hand-picked Crab Meat, rope-grown Mussels from Fowey, Tiger Prawns, Scottish Smoked Salmon

& Crayfish tails served on a bed of seasonal leaves with a Dill & Mustard Mayonnaise, our very own Marie Rose sauce & a side

of warm Buttered Cornish new Potatoes ~ £39.95

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## **SALADS**

Cornish Cheese Ploughmans – A selection of 3 Cornish Cheeses served with Apple & Ale Chutney, Pickled Onions

Apple, Salad garnish and Fresh Baked Bread ~£10.95

Shellfish Salad – Hand Picked St Ives Bay White Crab meat, Atlantic Prawns bound in Marie Rose Sauce & Crayfish Tails on a bed of Seasonal Salad with Cornish New Potatoes £15.95

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## **SWEETS**

Homemade Dessert's of the day ~ Please check our Boards in the bar.

Portion Of Willy Wallers Cornish Dairy Ice Cream ~ £5.95

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## **SIDES**

Garlic Bread ~ £2.95

Garlic Bread topped with melted Cheese ~ £3.95

Portion of Fries ~ £3.50

Cheesy Fries and Garlic Mayo ~ £3.95

Mixed Side Salad ~ £3.95

Selection of Local Vegetables ~ £3.95

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